

# Kids Coaching 2026



**The International  
School of Madeira**



# INTUITION PROCESS

Unlock the Genius  
Within You!

**NEW**  
2026







# EMOTIONAL AWARENESS

A young child with short brown hair is sitting cross-legged on a light-colored rug in a sunlit room. The child's eyes are closed, and they have a peaceful expression. The room is filled with warm, golden light from a window in the background. There are potted plants on a shelf behind the child and a bookshelf to the right. The overall atmosphere is calm and serene.

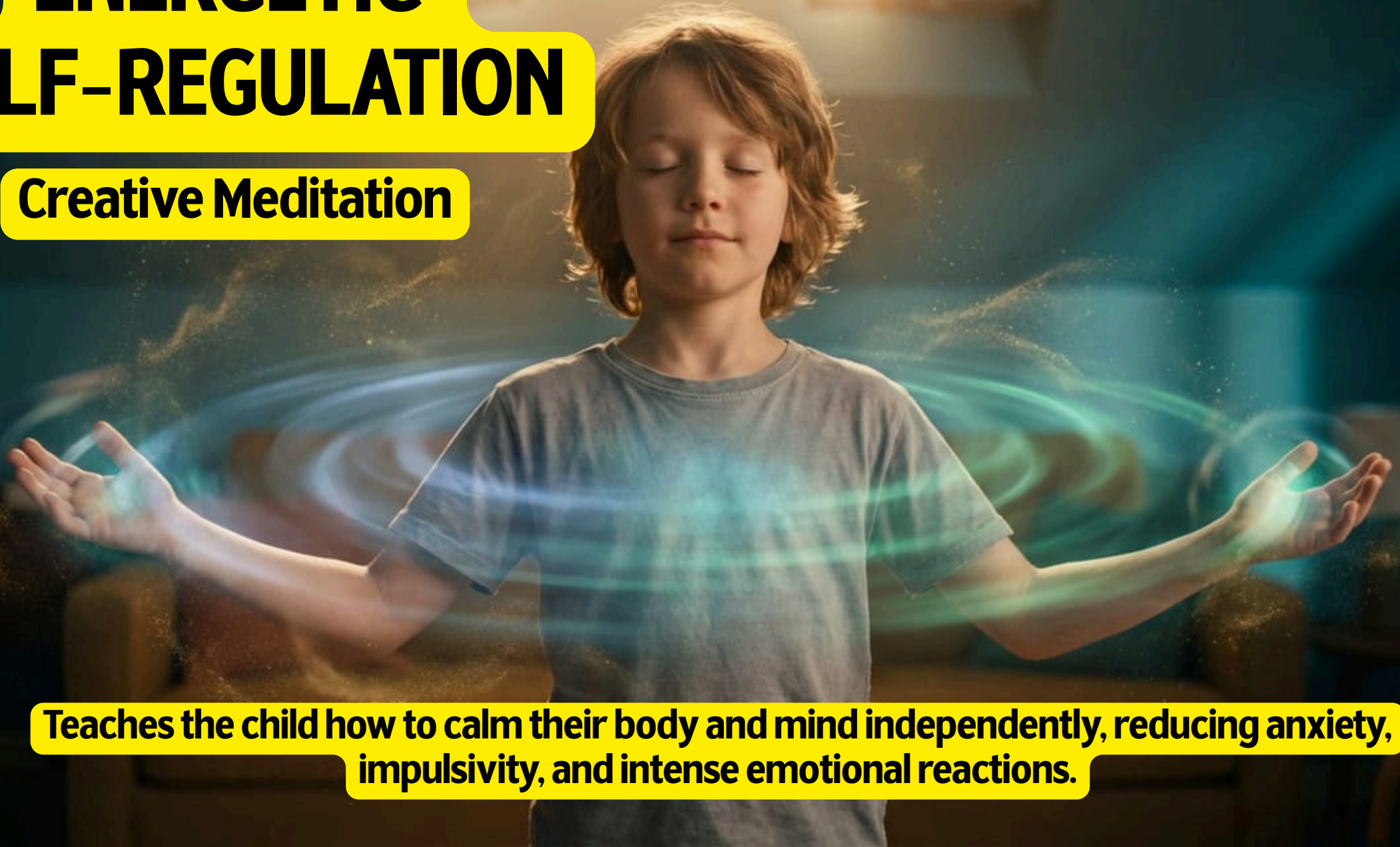
Neuroscience  
rollplay

Helps the child recognise, understand, and express their emotional patterns and energetic frequencies in a healthy way, preventing emotional blockages from an early age.



# **ENERGETIC SELF-REGULATION**

**Creative Meditation**



**Teaches the child how to calm their body and mind independently, reducing anxiety, impulsivity, and intense emotional reactions.**



# DEPROGRAMMING LIMITING BELIEFS

NLP & Neural  
Reprogramming



Releases fears, insecurities, and unconscious emotional patterns that affect behaviour, learning, and self-esteem.



# **STRENGTHENING SELF-ESTEEM AND CONFIDENCE**

## **Creative Meditation & Magical Tools**

**Builds a strong inner foundation of safety, self-love, and confidence that supports the child throughout life.**



# **FOCUS AND CONCENTRATION**

## **NEURODESIGN**



**Improves attention span, mental organisation, and school performance in a natural, pressure-free way.**



A young child with curly hair, wearing a grey sweater and blue jeans, stands in the center of a dark forest. The scene is illuminated by ethereal, glowing light trails in shades of blue and purple, which swirl around the child. The background shows the silhouettes of trees in a dimly lit forest.

# **STRESS AND ANXIETY MANAGEMENT**

## **Magical Tools**

**Helps the child cope with changes, frustrations,  
and challenges with greater emotional balance.**



# EMOTIONAL BALANCE

A young child with dark hair is sitting in a lotus position on a cushion, eyes closed, with a serene expression. The child is wearing a light-colored, button-down shirt and grey pants. The background is a soft, warm glow with several glowing, ethereal lines of light in shades of teal and orange, swirling around the child. The overall atmosphere is peaceful and calming.

## PlayYoga

**Promotes emotional stability, reduces tantrums and reactive behaviours, creating greater harmony within the family.**



# **CONNECTION WITH INNER ENERGY**

**Mindfulness**

**Develops the child's inner awareness, strengthening intuition, sensitivity, and overall well-being.**





# DEVELOPMENT OF NATURAL GIFTS

**NeuroVision**

**Supports the child in recognising and expressing their talents in an authentic and confident way.**



We help keep our classrooms clean  
We play safely

Na busca das pontas a transposição

Alta em Turim

Os filhos e filhos

Vitória nos

de justiça

a de impostos, precisa-se

# **ENERGETIC SAFETY AND PROTECTION**

A young child with short brown hair, wearing a grey knit sweater, stands in the center of the frame. They are surrounded by a large, glowing, spherical energy field composed of numerous overlapping, translucent light lines and small white particles. The background is a warm, golden-brown color, suggesting an indoor setting with soft lighting, possibly from a window or a lamp. The overall atmosphere is serene and protective.

**Creates an inner sense of safety, protection, and emotional calm in everyday life.**





## The International School of Madeira

Contact us for a detailed guide or to schedule a visit. Join us in nurturing the next generation of leaders, thinkers, and innovators.



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